

RESOURCE SHEET



Today's reality:

COVID-19 is a public health crisis. As many of you already know it has also been an emotional and spiritual challenge for countless individuals as well as marriage and family relationships. This situation has provoked anxiety, stress, tension, collective sadness, grief and even spiritual uncertainty. In addition to the loss of loved ones, there have been many other losses—employment, a sense of security and celebrations (graduations, birthdays, weddings, baby dedications and many other festivities that have been a part of our daily lives). The truth is, we've lost normalcy, what our lives used to look like before COVID-19. To be sure, marriage and family relationships have been hijacked by the evil one. Consequently, it is time to take these concerns to the Lord in prayer and remember: "Now this is the confidence that we have in Him, that if we ask anything according to His will, He hears us." **1 John 5:14**

It is our desire and hope that this day—**June 6, 2020**—will be a marker, a line in the sand if you will, when we believe and claim God's promises for our marriage and family relationships. It is time to trust God to do the impossible by enabling us to have His mind (**Philippians 2:5**) so we can be patient and kind (**1 Corinthians 13:4**) with each other as He is with us and exhibit the fruit of the Spirit (**Galatians 5:22-23**) each day in our marriage and family relationships.



TOGETHER AS ONE FAMILY ACROSS THE GLOBE,
WE WILL FIND PEACE AND HEALING IN OUR GOD.

SCRIPTURE PASSAGES THAT MAY BE USED DURING THIS SPECIAL DAY OF PRAYER:

- "Call upon Me in the day of trouble; I will deliver you, and you shall glorify Me." **Psalms 50:15**
- "Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus." **Philippians 4:6-7**
- "God is our refuge and strength, A very present help in trouble. Therefore we will not fear, Even though the earth be removed, And though the mountains be carried into the midst of the sea." **Psalms 46:1-2**
- "And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you." **Ephesians 4:32**
- "Fear not, for I am with you; Be not dismayed, for I am your God. I will strengthen you, Yes, I will help you, I will uphold you with My righteous right hand." **Isaiah 41:10**
- "And my God shall supply all your need according to His riches in glory by Christ Jesus." **Philippians 4:19**

- “Trust in the Lord with all your heart, And lean not on your own understanding; In all your ways acknowledge Him, And He shall direct your paths.” **Proverbs 3:5-6**
- “For God has not given us a spirit of fear, but of power and of love and of a sound mind.” **2 Timothy 1:7**
- “You shall not be afraid of the terror by night, Nor of the arrow that flies by day, Nor of the pestilence that walks in darkness, Nor of the destruction that lays waste at noonday. A thousand may fall at your side, And ten thousand at your right hand; But it shall not come near you.” **Psalms 91:5-7**
- “Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. For everyone who asks receives, and he who seeks finds, and to him who knocks it will be opened.” **Matthew 7:7-8**
- “If My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land.” **2 Chronicles 7:14**
- “Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid.” **John 14:27**

SPIRIT OF PROPHECY QUOTATIONS THAT MAY BE USED DURING THIS SPECIAL DAY OF PRAYER:

- “Prayer is the channel of communication between our souls and God. God speaks to us through His word; we respond to Him through our prayers, and He always listens to us. We cannot weary or burden Him by our frequent heart to heart communications.” **Prayer, preface 3.2**
- “The sweetest type of heaven is a home where the Spirit of the Lord presides. If the will of God is fulfilled, the husband and wife will respect each other and cultivate love and confidence.” **Adventist Home, 15.4**
- “We have come to serious times. Events in our world call upon every follower of Christ to be totally in earnest in our relationship with God. To strengthen this relationship and satisfy our emotional and spiritual needs, we must learn the power of prayer. We must plead with the Lord, like the disciples of old, saying, ‘Lord, teach us to pray.’” **Prayer, preface 3.3**
- “Home should be made all that the word implies. It should be a little heaven upon earth, a place where the affections are cultivated instead of being studiously repressed. Our happiness depends upon this cultivation of love, sympathy, and true courtesy to one another.” **Adventist Home, 15.3**
- “A revival of true Godliness among us is the greatest and most urgent of all our needs. To seek this should be our first work.” **Selected Messages, 1:121**
- “God will do things for us when we pray that He will not do if we do not pray.” **The Great Controversy, 525**
- “Prayer is the opening of the heart to God as to a friend. Not that it is necessary in order to make known to God what we are, but in order to enable us to receive Him. Prayer does not bring God down to us, but brings us up to Him.” **Steps to Christ, 93.2**

For additional resources login to
FAMILY.ADVENTIST.ORG